



Biography and Dialogue

Working on Trauma and Conflicts in Groups



ImFT - Institut für mehrgenerationale Forschung und Therapie
Dr. Ruthard Stachowske

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the past and the present

**... or
the significance of (german)
family history**



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Hypothesis 1

The individually-centered therapy perspective obstructs our view on family as a microsystem and society and culture as a macrosystem, both of which have a deep impact on the development of individually shaped life plans.



Hypothesis 2

"Our way of life is related to our parents' and grandparents' way of life by a complex tangle of familial, local, political, also intellectual traditions – thus by a historical setting which made of us who and what we are today."

(Habermas 1986/1, zit. N. Heimannsberg 1992, 18)



Let me invite you to gain a new perspective
on the evolution of life development...



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... regarding life development as part of
a generational development ...



... in order to overcome the view on the individual only, looking at the parents, the grandparents and the children.



This multigenerational
perspective shows an exciting
history ...



History

"Diseases develop when the fair balance of the parts is disturbed, in vivo or in the state." "Foolish states" are "states based upon the exchange of goods", states based upon any sort of wealth and consumption and last but not least states based on violence where everybody acts according to violence and repression. [...], all of them got justice out of their sight."

(Lauer 1994, S.182)



"What remained silent in the father is expressed by his son and often I discovered the son being his father's exposed secret".

(Friedrich Nietzsche 1883)



"... Thereby the child's Über-Ich gets constructed not according to the parents' model but according to the parents' Über-Ich; it is filled with the same content, it becomes the carrier of tradition, of all the consistent valuations that are reproduced over generations....

(Sigmund Freud)



Multigenerational Family Therapy

Thus the obvious disorders of a an individual only express a multigenerationally developed process where this "single patient who is looking for therapeutical support, cannot cope with a historical process of a specific subculture."

(Massing 1992, S.47)



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Multigenerational Family Therapy

"It is always the same. [...] [Because] the past is taking effects in the present different development phases of the past are still being effective in the present".

(Massing et al. 1992, S.21)



Iwan Boszormenyi-Nagy

"In every growing up generation society as a whole may burden the debts they are not responsible for."

(Boszormenyi-Nagy/Spark 1990, 88)



Feedback processes in the Generational System –

an Introduction



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The holocaust and its consequences for the following generations and also the collective repressing of Nazi Germany teach us to understand the existentially important dimension of multigenerational processes.



And we also understand how repressed
german history paved its way into german
family systems.



"The fact that the offender's children and their followers often showed biographies forced by anxiety and horror eased the other intolerable paradox:
The offender's generation has not yet really payed. Many of them let their wives pay and their children because their continuously needed 'victims'".

(Moser 1997, S.10)



... and quite similar to jewish families often it is just one of the siblings who throws light on the hidden story pushed by anxiety and sorrow. We may call it transgenerational historical justice."

(Moser 1997, S.10)



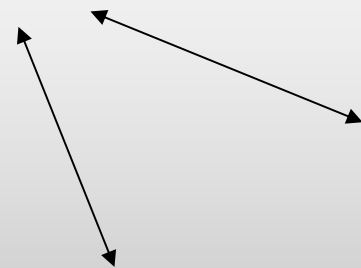
Contemporary history as a factor in the Generational System



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dimension of time



society

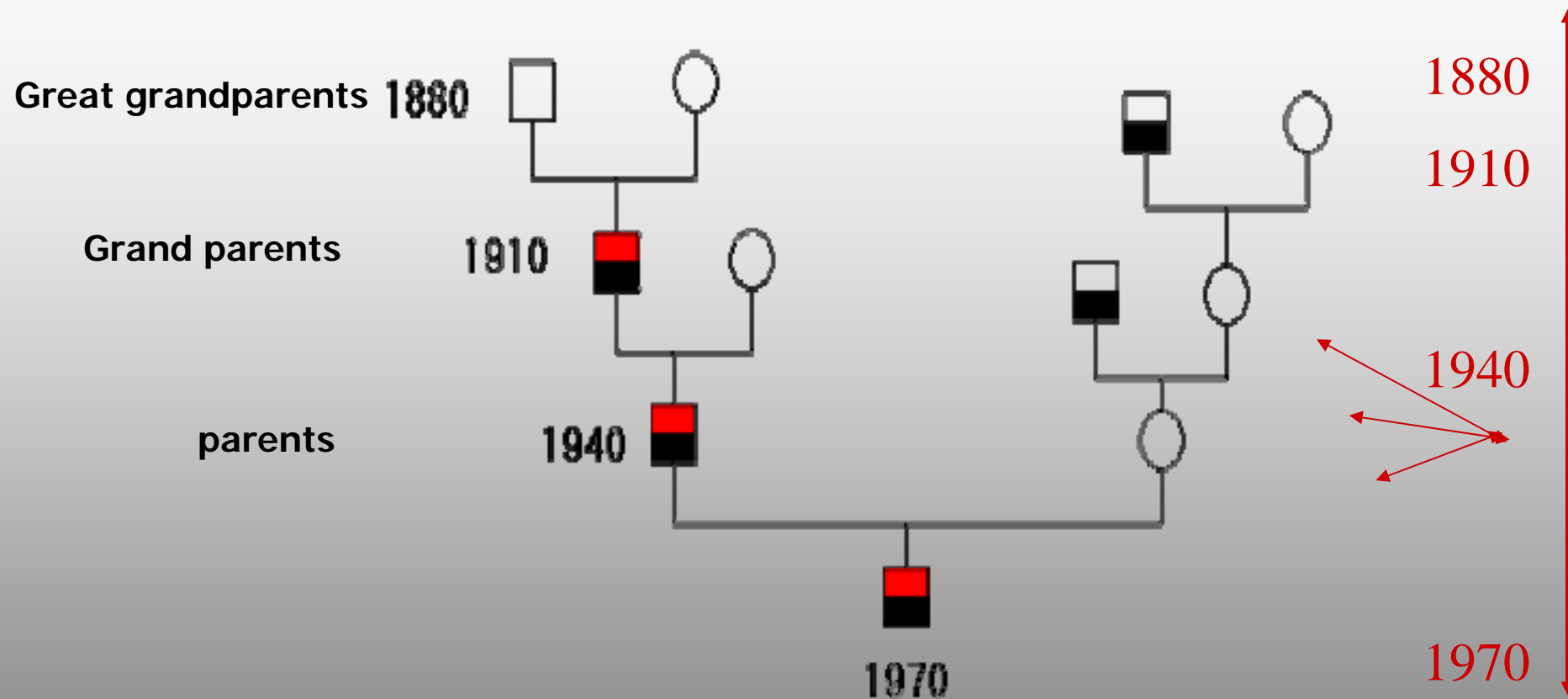


Grandparents'
generation



Parents' generation





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"...visiting the iniquity of the fathers upon
the children unto the third and fourth
generation of them"

(Römer II)



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The multigenerational Development of Drug Addiction

- For some years I have been looking for "new" causes for the development of drug addiction in the generational system.
- Let me tell you about the results of my research.



Results of my Research

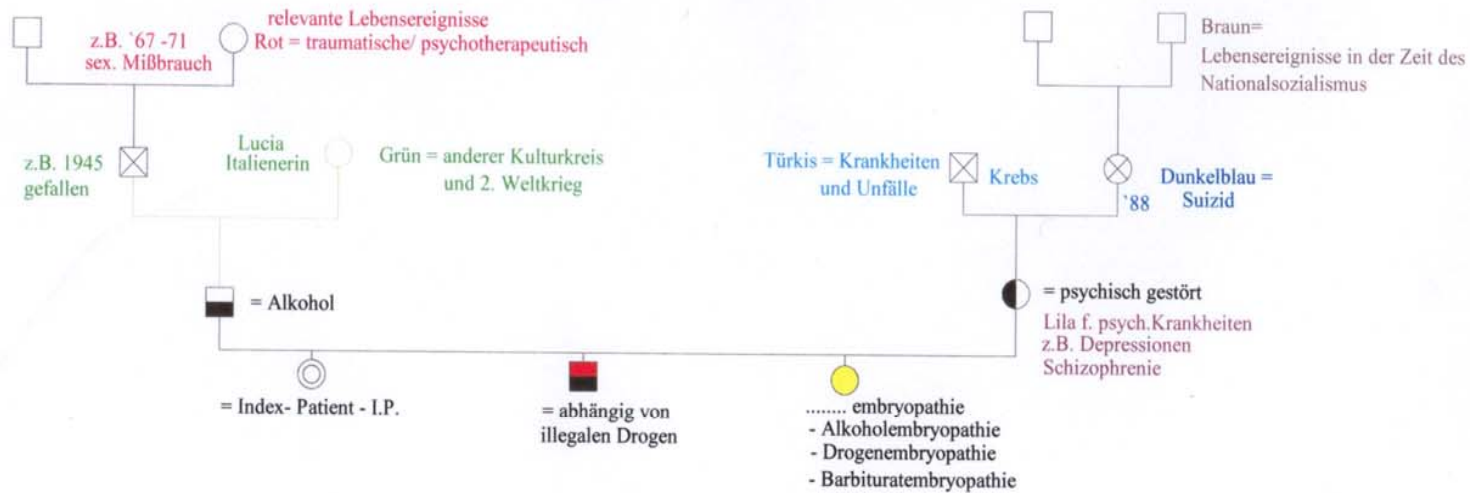


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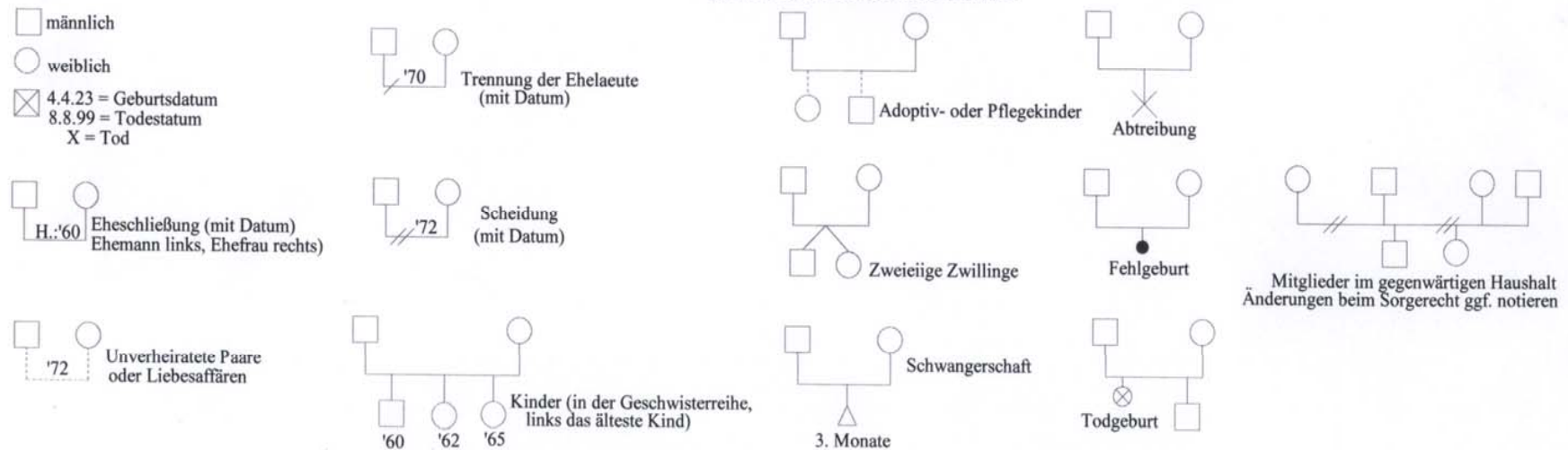
Legenden

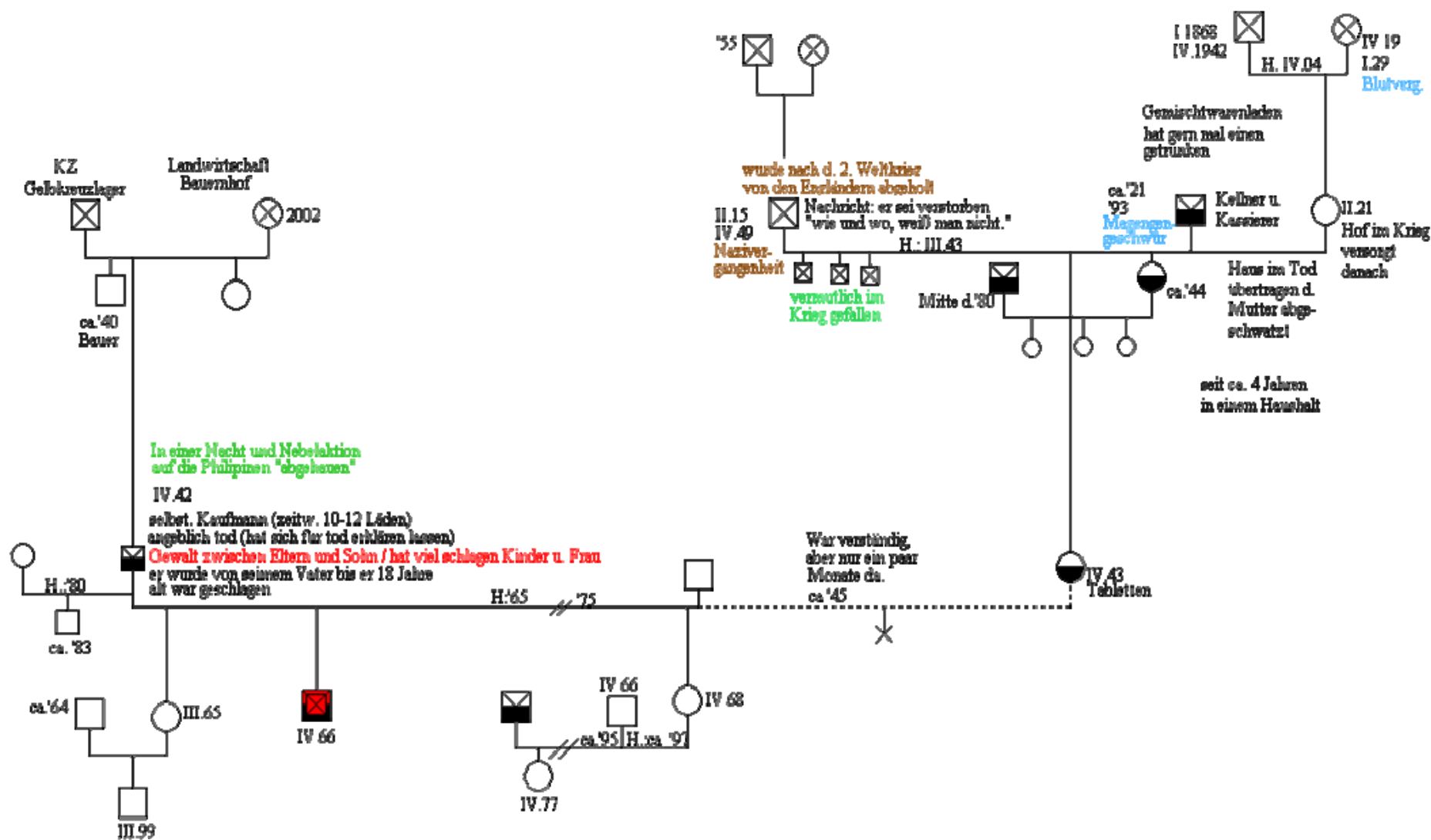
standardisierte Symbole und Konventionen besonderer Lebensereignisse nach Stachowske / TG Wilschenbruch



Legenden

standardisierte Symbole und Konventionen zur Erstellung von Genogrammen nach Mc Goldrick und Gerson





Family patterns

Analysing the genograms and the clients' individual developmental processes I found significant trauma effects in all of the therapies.



Family patterns

... these were transgenerational untreated traumata and conflicts that again were lived as patterns in the shape of very much similar conflicts in the following generations.



Family Patterns

In all family histories I discovered the impact of history as an important factor.



Family Patterns

In the family systems I have been working with, I discovered that the generations of offenders and victims of the First and sometimes also the Second World War were related by marriage.



Family Patterns

... so family systems were founded, where the children of Nazi-**offenders** married the "children" of Nazi-**victims**.



Family Patterns

It has become obvious that incompatible systems where brought together by marriage which led to an escalation in the family development later.

The children of these newly founded family systems have become the drug addicts in our therapies.



Family Patterns

Here the repressing efforts of our culture have been moved into the family systems – and as our culture has not yet cleared our past, our family systems could not yet find words for these incompatibilities.



Family Patterns

It seems that an inner truth is brought to light in therapy, which **has** to be expressed.





A Family history

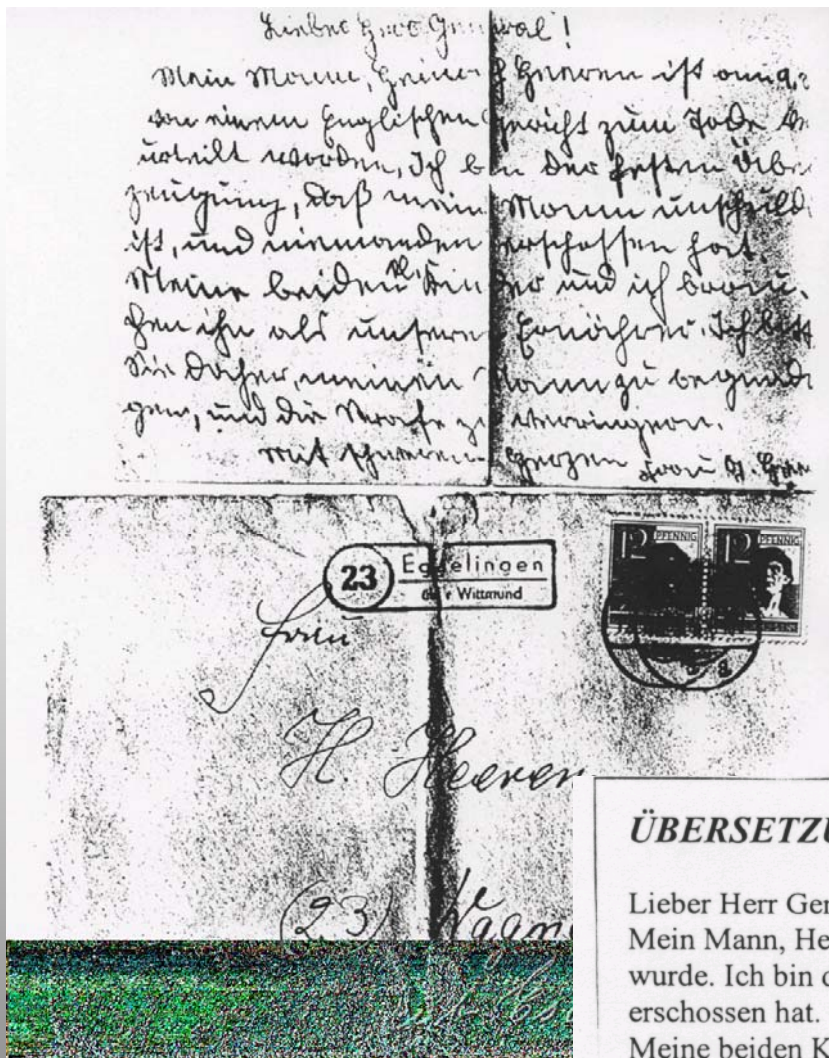


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und ./. Heeren wegen Tötung eines russischen Staatsangehörigen ebenda, in der Zeit vom 1. Januar und 31. Mai 1945		
<u>Strafmaß:</u> H o l d o r f : Dr. K u l l e : H e e r e n : K a p p e : P l e n t e r :	5 Jahre Haft, 1951 entlassen 15. Jahre Haft, 1953 begnadigt zu 10 Jahren, 1953 entlassen Todesstrafe Lebenslängliche Haft, begnadigt zu 21 Jah- ren, 1952 geflohen 20 Jahre Haft, 1950 begnadigt zu 15 Jah- ren	
Kopien aus All. Proz & brit. Prozesse		





ÜBERSETZUNG

Lieber Herr General !

Mein Mann, Heinrich Heeren ist am 9..... von einem englischen Gericht zum Tode verurteilt wurde. Ich bin der festen Überzeugung, dass mein Mann unschuldig ist, und niemanden erschossen hat.

Meine beiden Kinder und ich brauchen ihn als unseren Ernährer. Ich bitte Sie daher, meinen Mann zu begnadigen, und die Strafe zu verringern.

Mit freundlichen Grüßen
 Frau G. Herren



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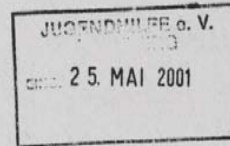


BUNDESARCHIV

- Außenstelle Ludwigsburg -

Bundesarchiv, Postfach 11 44, 71611 Ludwigsburg

Jugendhilfe e.V.
z.H.v. Herrn Dr. R. Stachowske o.V.i.A.
Postfach 1408
21304 Lüneburg



Ihr Zeichen,
Ihre Nachricht vom 15.05.01

Mein Zeichen,
meine Nachricht vom
LB-01-D/ Stachowske

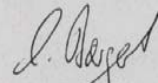
Bearbeiter/in:
Dr. Borgert
☎ (0 71 41) 89 92 14

Datum
23.05.01

Sehr geehrter Herr Stachowske,

auf Ihre Anfrage kann ich Ihnen bestätigen, daß ein H. Heeren, der als Wachmann in dem „Gelbkreuz“-Gefängnis in Wilhelmshaven von 1943 – Kriegsende beschäftigt gewesen war, 1948 von einem britischen Militärgericht in Hamburg wegen Mordes zum Tode verurteilt wurde und am 9.6.1948 in der Strafanstalt Hameln hingerichtet worden ist. Da über dieses Verfahren hier nur auszugsweise Unterlagen in Kopie von sehr schlechter Qualität vorliegen, wäre ich Ihnen dankbar, wenn Sie sich diesbezüglich an das Bundesarchiv, Potsdamer Str. 1, 56075 Koblenz, wenden würden. Das Verfahren trägt die Nr. JAG 312.

Mit freundlichen Grüßen
Im Auftrag


(Dr. Borgert)

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Es schreibt Ihnen:

Herr Dr. Stachowske

Tel.: 0 41 31 / 74 93 - 0

Fax: 0 41 31 / 74 93 - 17

e-mail:

Datum: 9. April 2002

Abschiednahme von Herrn Heinrich Heeren Unser Schreiben vom 3.04.02

Sehr geehrte Damen und Herren,

bezugnehmend auf unserer o. g. Schreiben möchten wir Ihnen mitteilen, dass sich Frau Pastorin Lehmann von der Paul Gerhardt Kirchengemeinde in Hameln bereit erklärt hat, den Abschied von Herrn Heeren zu begleiten.

Da Frau Lehmann erst am Samstag, den 20.04.02 einen freien Termin zur Verfügung hat, verschiebt sich unser Vorhaben nunmehr auf den **20.04.02 um ca. 11:30 Uhr**. Wenn von Ihrer Seite diesem Termin nichts entgegen steht, würden wir uns über eine kurze Rückmeldung freuen.

Mit freundlichen Grüßen

Jugendhilfe e.V. Lüneburg

Dr. Ruthard Stachowske
Leiter der Therapeutischen
Gemeinschaft Wilschenbruch



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Family Patterns

"Who hides himself behind his couch subordinates himself into the army of those who made or still make possible the outrages of this century."

(Semmi Speyer 1992, S. 34)



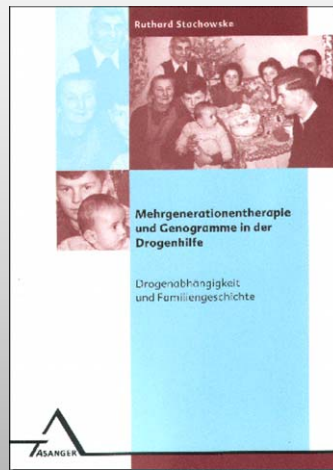
Thank you for your attention.



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Literature on this subject



Mehrgenerationentherapie und Genogramme in der Drogenhilfe **Drogenabhängigkeit und Familiengeschichte.**

Autor: Dr. Ruthard Stachowske
€ 24,-
Asanger Verlag, 2002



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Literature on this subject



Ruthard Stachowske
"Drogen, Schwangerschaft und
Lebensentwicklung der Kinder"
ab 4. Quartal 2007



Ruthard Stachowske
"Sucht und Drogen
Generationen und Zeitgeschichte
Drogenabhängigkeit im Kontext des ICF "
ab September 2007



Ruthard Stachowske
"Familienorientierte stationäre
Drogentherapie"



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